



MUST, SHOULD, COULD

Guidance for schools
delivering the Primary
PE and Sport Premium



Governors

- **Publish information** detailing the current and projected expenditure of the funding on the school's website by April each year
- Regularly **scrutinise** current and projected expenditure with the head teacher and **identify** and understand the **impact** that the grant is making, particularly **for PUPILS**
- Ensure that the head teacher has effective performance management systems in place to check the impact of the spend
- Recognise and celebrate effective impact, particularly where this is directly related to the pupils
- Ensure and support the role of a designated lead teacher for physical education and school sport

Head Teachers

- **Publish information** detailing the current and projected expenditure of the grant on the school's website by April each year
- Regularly share current and projected expenditure with governors and **discuss the impact** that the grant is making, particularly **for PUPILS**
- Aim for high teaching competency in Physical Education across the school [teacher standards and performance]
- Designate a member of staff to lead Physical Education
- Ensure **effective recruitment, induction and monitoring** of all external providers

PE Subject Leaders

- Have information detailing the current and projected expenditure of the grant published on the school's website by April each year
- Regularly **share** current and projected **priorities and outcomes** with pupils, staff, parents and senior leaders
- **Evidence the impact** of the grant **for PUPILS** and publish this on the school website
- Develop, maintain and monitor high teaching competency in Physical Education across the school

Parents

- Be a **good role model** [play in the park or garden with your children]
- Ensure that their children are equipped for physical education lessons [have a change of clothes and correct footwear]
- Encourage and promote a **healthy weight** for their children
- Encourage, motivate and support their **children to engage in moderate to vigorous intensity physical activity for at least 30 minutes every day** [walk to and from school every day]
- Encourage and develop less screen time and more sleep time

Sports Coaches and Clubs

Minimum standards for coaches working in schools

We recommend adoption of these standards when you are taking on or using coaches. The standards include recommendations across the following five areas:

1. Minimum age
 2. Appropriate qualifications
 3. Appropriate insurance cover
 4. Safeguarding children and vulnerable groups legislation
 5. Policies and procedure
- **Coaches supporting lessons must be at least a level 2 in the area of activity they are supporting and they should never replace or displace the teacher**
 - Have appropriate insurance (ie. public liability for £10 million plus professional indemnity)
 - Have a clear DBS check

Should

Some schools will also

Governors

- Have a formal, long term strategy for PE and sport. This should be aligned with the SEF/ whole school plan and have been informed through feedback
- Ensure all coaching staff **delivering** PE and extra-curricular sports activities on the school site comply with minimum standards required for working in schools
- Ensure that sports coaches **are not leading** curriculum PE lessons
- Nominate a 'PE & Sport Lead' governor to work with and support the PE subject leader to **identify appropriate spend** of the grant, linked to a PE and Sport action plan
- Support the head teacher and staff to implement healthy eating and physical activity strategies
- Ensure that the premium is being used **to enhance**, rather than maintain, **existing provision**

Head Teachers

- Have a formal [written and dated], long term strategy for PE and sport. This should be aligned with the SEF/ whole school plan and have been informed through feedback from pupils, staff and **parents**
- Ensure all sports coaches comply with the minimum standards required for working in schools and are regularly observed and formally **monitored**
- Ensure that sports coaches **are not leading** curriculum PE lessons
- Regularly meet with PE subject leader to monitor outcomes of the grant

PE Subject Leaders

- Have a formal [written and dated], long term strategy for PE and sport. This should be aligned with the SEF/ whole school plan and have been informed with pupil and staff feedback
- Ensure all coaching staff delivering PE and extra-curricular sports activities on the school site comply with minimum **standards** and are quality assured
- Audit staff to determine appropriate and targeted training
- **Monitor attendance** at extra curricular sports clubs to ensure there is an inclusive offer which is **accessible to all pupils**

Parents

- Support and encourage children to attend after school or community sports clubs
- Attend school events and competitions to show your support and encouragement
- Encourage less screen time and more sleep!
- Take children on a walk in the local area
- Keep a family activity log
- Eat healthy meals, drinks and snacks
- Keep to child-size portions

Sports Coaches and Clubs

- Ensure class teachers play an active lead role in the lesson in curriculum PE and understand that they have the responsibility for the lesson
- When involved in activity beyond the lesson have completed age-specific training in the sports being coached
- Have attended scUK Safeguarding and Protecting Children workshop or equivalent
- Comply with the school's policies for behaviour, health and safety, safeguarding and equality
- Ensure that their contribution to all lessons and sessions follow a thorough plan and ensure that teachers support delivery and understand their role where appropriate
- When supporting the teaching of PE lessons, ensure that all pupils make progress and all lessons are fully inclusive and challenging
- Complete 1st4Sport Level 3 PE and Sport in Schools as a minimum to support curriculum delivery

Governors

- Use contacts from outside of school to support sport activities eg. sponsorship, facilities, coaching etc
- **Review** the school's Physical Education and sport provision and identify areas for development on an annual basis
- Identify specific outcomes to be achieved and measure these [improving progress and skills, better attendance, increasing participation / competition]
- Ensure improvements have long term sustainability
- Provide effective resources for pupils and staff
- Ensure that external providers [coaches / specialist teachers etc] are monitored to ensure quality and impact of their delivery

Head Teachers

- Pool the grant with other local schools to employ a specialist teacher to train existing teachers or teach PE across a cluster of schools
- Pay the most effective teachers an enhanced allowance to lead improvements in PE and sport (eg. via a TLR)
- Provide training and enhanced payment for lunch time supervisors to introduce structured activities at breaks and lunch times

PE Subject Leaders

- Establish a Sports Council where pupils can discuss and plan PE and sports activities
- Liaise and collaborate with PE leads at other schools to share good practice
- Achieve a quality mark which recognises achievement in PE and sport (School Games, Association for Physical Education – afPE; or Youth Sport Trust - YST)
- Informally observe PE lessons to compile a picture of teaching competency across the school
- Perform annual or termly planning/ assessment scrutiny
- Contact local sports clubs and pay for coaching/ training of coaches to establish new community links with the school

Parents

- Introduce the 10 top tips for a healthy family lifestyle:
 1. *Eat at the table together*
 2. *Include children in family activities*
 3. *Ban "sweetened" drinks from the home*
 4. *Make sure the whole family eats breakfast every day*
 5. *Decrease screen time*
 6. *Get active on holiday*
 7. *Prepare more meals at home*
 8. *Have healthier takeaways*
 9. *Avoid over-sized portions*
 10. *Walk for charity*

Sports Coaches and Clubs

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1. Minimum age
 2. Appropriate qualifications
 3. Appropriate insurance cover
 4. Safeguarding children and vulnerable groups legislation
 5. Policies and procedures
- Encourage and promote local sports clubs
 - Offer to provide after school training for school staff
 - Organise intra-school competitions
 - Assist school sports teams during off-site competitions
 - Run additional extra-curricular sessions for low achievers and/ or gifted and talented pupils